

By the beginning of 2020, a highly contagious disease concurred the whole world to become a pandemic after it emerged in China. It did not leave any house without entering it causing a huge damage to the whole humanity on many levels. This disease was named COVID 19, which is the acronym of “**Corona Virus Disease of 2019**”. It attacks the respiratory system in particular, and it can lead to serious complications for the patients especially those who are elderly or have other chronic diseases like diabetes.

Salima is a woman who lives in a rural and remote area in Tlemcen Province. It might look like she is immune from that pandemic, but

somehow she was infected. She did not know that until few days passed when she started to feel her temperature is high as well as coughing continually. Later on, she lost her senses of taste and smell. Then, she felt very tired to the point any simple activity was absorbing lots of her energy. At that point, she knew that her situation is very serious, but she was reluctant to see a doctor because the hospitals were full due to the increasing number of patients day after day. Instead, she opted for natural treatments at home, so she isolated herself in a room as a form of quarantine in order not to infect anyone else. Additionally, she kept drinking water a lot, and

eating meat, vegetables and fruits to provide her immune system with necessary elements to fight against the virus which is running in her cells. Moreover, she lied on her bed for long periods of time to avoid putting the pressure on her lungs. Furthermore, she took some pharmaceutical medicines like aspirin and vitamin C tablets alongside some herbs.

Unfortunately, she suffered difficulty in breathing at night, and she was taken as quickly as possible to the nearest hospital where she passed away due to the shortage of the quantity of oxygen cylinders, and the doctors were unable to do anything

helpful for her because it was too late to do so.